



# Blaze Martial Arts COVID-19 Risk Assessment

[www.blazemartialarts.com](http://www.blazemartialarts.com)

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**Date of Risk Review:** 19<sup>th</sup> January 2024

Blaze Martial Arts recognises that all risks cannot be reduced to zero, therefore this risk assessment prioritises the significant risks in line with Government Guidance. For all activities, Instructors will dynamically assess risks and put in place control measures and record as required.

Concerns, changes in risk management practice that are seen by Instructors to be significant should be reported to the Blaze Martial Arts Admin Office via [info@BlazeMartialArts.com](mailto:info@BlazeMartialArts.com).

As a result of COVID-19, Blaze Martial Arts has produced this Risk Assessment to comply with the Government Guidelines. It is important to understand that these measures are taken in a bid to minimise the risk of COVID-19 being passed between participants whilst Training. Blaze Martial Arts will do their utmost to provide a safe environment but take no responsibility for members who contract COVID-19, however contracted.

The responsibility for a safe training environment is shared between the Instructor and the members. Members must make their own risk assessment as to where, when or whether they will train. Members have the responsibility to NOT train or attend the Dojo if they have any symptoms that may be in anyway related to COVID-19. Furthermore, if they have had contact with anyone who has, or is suspected of being infected with the COVID-19 virus they must NOT train and should follow government guidelines on isolation, timescales etc.

The responsibility for the safety and wellbeing of those under 18 years of age is with the parent/guardian.

Please note that this risk assessment is by no means exhaustive or comprehensive – other risks may emerge. Blaze Martial Arts will continue to work within the latest Government guidelines and therefore this risk assessment will be reviewed and updated as necessary.



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SIGNIFICANT RISKS	MEASURES TO REDUCE RISKS
Member has underlying medical condition which may be more affected by COVID-19	Advise all members via text message & email not to ATTEND classes if they are showing any signs of COVID-19 symptoms
Infection transmission via airborne transmission	Anyone with coughs or colds etc, must NOT enter the building where Blaze Martial Arts is running classes or train in the classes
Change over between classes	We will be implementing a one-way system for our students at each of our venues, having different entry and exit points as well as introducing a 5-minute break between class times to allow equipment to be cleaned
Infection transmission via airborne & physical transmission	Wear face masks & gloves when travelling to/from the entry/exit of the training venue
Infection transmission by physical contact	Students will be advised to wash their hands and to use hand sanitiser before and after training. Sanitiser will be provided at the class



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Parents / Spectators attending classes	We will not be allowing any spectators or parents into the training building (with the exception of 1 <sup>st</sup> time students). Spectators / parents will be required to wait, following social distancing guidelines, at the outside point of entry until a Blaze Martial Arts representative allows the students to enter the building and wait at a separate outside area to collect the students when a Blaze Martial Arts representative brings the students outside after the class
Attendance Register	A register will be taken at every class
Infection transmission via physical contact	Physical separation will be maintained in line with Government guidelines. Training time will be limited when students face each other
Infection transmission via equipment	<p>Students will be advised to purchase their own equipment, e.g. Focus pads, bag gloves, sparring equipment etc.</p> <p>For any students unable to purchase their own equipment, a 'Single User' rule for all Blaze Martial Arts equipment (punchbags, kick shields etc) will be enforced and equipment will be thoroughly cleaned afterwards.</p> <p>Focus Pads and Sparring Equipment will no longer be offered to students to use. Instead, students unable to purchase their own focus pads or Sparring Equipment will be required to train on their own kicking and punching the air.</p>



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Infection transmission by use of shared facilities	Only one student will be allowed to use the toilets at any time and toilets will be cleaned between classes
Infection transmission by physical contact with surfaces	We will be bringing Hand Sanitiser, Disinfectant Wipes, Gloves and Microfibre cloths with us
Infection transmission risks higher inside	Weather permitting, we will train outside. When training inside we will have doors and windows open to provide a flow of air
First Aid – Injury requiring medical treatment and/or hospital visit	Our main Instructors are all First Aid qualified. First Aid procedures are continually reviewed in line with the COVID-19 restrictions and precautions